



Looking after your care

The Care Inspectorate and the Scottish Social Services Council regulates social care services and the people who work in them to protect you and to make sure you get good care.

All care services must meet the National Care Standards. Individuals that work in care services must meet the SSSC Code of Practice for Social Services Workers.

If you, or someone you know is:

- unhappy with the quality of care provided
- concerned about the ability or behaviour of a care worker you can speak directly to the service (the person, other staff, their manager, the employer).

If this doesn't help you can speak to:

- the SSSC to complain about an individual worker
- the Care Inspectorate to complain about standards of care in a service.

Contact us SSSC

Tel: 0845 60 30 891

Email: enquiries@sssc.uk.com

Web: www.sssc.uk.com

Care Inspectorate

Tel: 0845 600 9527

Email: enquiries@careinspectorate.com

Web: www.careinspectorate.com

Find out more about the National Care Standards at

www.nationalcarestandards.com or call 0845 370 0067

